

## 2017 Continuing Education Courses

California Hypnotherapy Academy

*Courses meets the qualifications for 15 hours (per weekend) of continuing education credit.*

### **Future Life Progression**

15 CE Hours

Attend in person or online

**Pre-requisite:** hypnotherapy training

Class size is limited to 8 – register today:

<http://hypnosis-continuing-education.com/class-registration/>

Who should take this course

Any hypnotherapist wishing to empower their clients from a new perspective.

*Portions of this course will be video taped.*

As fascinated as I've always been by Past Life Regression Therapy I'm now learning that moving into the future is just as therapeutic and empowering.

- What if your clients could custom design their own destiny?
- Speed up their future success?
- Reveal their future talents?

Simply put, they can.

Have you ever wished that you could go back 10 years and give yourself advice?

You would benefit, wouldn't you?

So why not go to a potential future and give your current self advice?

The more I use this process the more excited I am about the possibilities and ways that clients can benefit. Based on the work of several experts in future life work, this training will teach you how to guide your clients far into their future and into their future lives. They will experience first hand the outcome of their current choices. Once they make a different choice in the here and now, they will affect their future. *Includes demonstrations, practice and manual.*

*Portions of this course will be video taped.*

**Dates:** Aug. 5-6, 2017

**Times:** 10:00 am - 5:30 pm Saturday & Sunday

**Location:** San Diego area - TBD

**Investment:** \$359.00

**Early registration:** \$309.00 register by July 15, 2017 to save \$50

**Deadline to register:** Aug. 1, 2017

**Instructor:** Katherine Zimmerman, CHT

**To Register**

Option 1: Mail check payable to the California Hypnotherapy Academy, 3435 Camino del Rio S., Ste. 316, San Diego, CA 92108 and name/date of course.

Option 2: Register online [hypnosis-continuing-education.com/class-registration/](http://hypnosis-continuing-education.com/class-registration/)  
Once you submit the form you will be taken to PayPal for payment.

**Space is limited – register today! 619-710-9583**

*Dates subject to change*

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**Gathering Your Gifts**

**Pre-requisite:** hypnotherapy training

**15 CE hours**

We live in tumultuous times. In these times we need to draw on every gift that we have been given, past, present and future. It's time to learn how to combine our gifts and allow them a new expression. It's time to stop hiding our light and be of service to others.

It's time.

In this workshop you will

- Access your gifts, both known and hidden
- Learn to combine your talents
- Receive love and support
- Claim new possibilities
- Invite in a deeper life experience
- Draw on past and future life gifts

- Raise your vibration

Participants will experience the exercises and group processes and leave with a program for their clients. Lecture, demonstration, supervised practice. Includes manual.

**Dates:** Oct. 14-15, 2017

**Time:** 10:00 am - 5:30 pm

**Location:** Sacramento, CA

**Investment:** \$379.00\*

**Instructor:** Katherine Zimmerman, CHT

\*Register by Sept. 23, 2017 and save \$50

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### **Testimonials from former students:**

*From students in my 2015 Intuition/Spirituality course:*

“As always Katherine’s class was excellent. Informative and creative beyond expectations.”

“A great listener; aware, discerning, insightful, joyful.”

“Your style is unique in that you have a way of ‘becoming one’ with the students you teach. You integrate yourself so well that one feels they are listening and responding to a good friend who knows and understands their problems. You begin helping them overcome obstacles, and reach beyond themselves as soon as you start talking. Your unshakable self confidence envelops the student creating the necessary atmosphere in which to grow and learn. As I observed this remarkable teaching skill, respect and admiration have only grown since I first sat in your class.”

Mary A. Caldwell, CHT

“If you look up the word ‘professionalism’ in the dictionary, you will see Katherine Zimmerman’s picture. Katherine conducts her hypnotherapy training courses with great integrity, passion and commitment. She is as excited to witness the growth in her students’ professional skills and personal development as the students themselves. From the first time I met Katherine, I knew she would be the right teacher from whom to obtain my hypnotherapy certification training. Katherine learned from the best: her teachers comprise a ‘Who’s Who’ of the top

names in modern Hypnotherapy. In addition to her wealth of knowledge and first-hand experience gleaned from many years in private practice, Katherine's genuine warmth and natural wit make her hypnotherapy training a truly entrancing and life-transforming experience.”  
Nancy Tracy, CHT

"Katherine is a wonderful teacher and her course is outstanding at every level. Her teaching style is hands on and the classes are very participatory. Students begin practicing hypnosis during the very first weekend class. Katherine's style is to discuss a technique (and she teaches many), then demonstrate it with one of the students. After that, the students begin practicing it on each other, under her close observation. Within a week of my first class, I was successfully using the techniques she taught us with my own clients. The results have been nothing short of remarkable. What I thought would be just another tool in my therapeutic toolbox, has become one of my primary tools. I wholeheartedly recommend Katherine and The California Hypnotherapy Academy to anyone interested in learning more about hypnosis and hypnotherapy.”

Ray Brown, PhD, LMFT, CCHT

“Katherine is a clear communicator and a wonderful teacher. She brings presence, aliveness, and heart to her work. The material she teaches is transformative. I highly recommend her.”  
Stewart Mintzner, CHT

“This workshop was well attended and Katherine immediately captivated all attendees with her charm and relaxed presentation. Like her books, Katherine provided and presented excellent information, as well as great tools drawn from her own extensive experience and knowledge. As a Certified Clinical Hypnotherapist I can say that Katherine continues to be a great inspiration and valuable teacher to me and I can highly recommend her to those seeking to enter this field or for continuing education.”  
Sallie Albertina, CHT

“You are one of the best instructors I have ever had. You are organized and present the material in a professional manner. Your instructions are easy to follow and you are patient with the class. It's obvious that you enjoy what you are doing and love hypnotherapy. This course has offered me growth - I could never figure out 'what I was supposed to be doing', but I've found it now. Too bad I didn't figure this out sooner – but it's not about the quantity of time, it's quality... So, I will go forth and do good things and always be very grateful for the good training I received from you.”  
Kathleen Spring, CHT